

# Keeping Kids Well Project:

## Well Child Check – Common Questions for Patients & Families

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### Why are wellness visits an important part of children’s health?

- Wellness visits allow doctors to watch for any health issues so that they can be taken care of early. These visits include services recommended by the [American Academy of Pediatrics](#)
- Prevention
- Tracking growth and development
- Raise concerns and questions
- Develop relationship between child, parent, and doctor

### What are the parts of a child’s wellness check? (Early and Periodic Screening or Health Check)?

- A full check of the child’s physical and mental health
- A full unclothed physical exam
- Give vaccines recommended for child’s age
- Lab tests, including a lead screening test recommended for your child’s age
- A discussion about possible health issues and what you and your child need to watch for

### Where can I find the NC Health Check Program Guide?

- [EPSDT/Program-Guide-2020](#)

### Where can I find the Bright Futures advice for my child?

- [https://www.aap.org/en-us/Documents/periodicity\\_schedule.pdf](https://www.aap.org/en-us/Documents/periodicity_schedule.pdf)

### Where can I learn more about coding for Pediatric Preventive Care? (For Doctors)

- [https://www.aap.org/en-us/Documents/coding\\_preventive\\_care.pdf](https://www.aap.org/en-us/Documents/coding_preventive_care.pdf)

### What kinds of guidance will be given by the doctor?

- The doctor will let you know what to expect for the growth and development of your child.
- Depending on your child’s age, the doctor will provide advice on staying healthy and preventing injury or disease. For example, reminding you to protect your child by using a helmet when riding a bike.

### Why does a child need to receive vaccinations?

- Vaccinations (also called immunizations) are a series of shots to make sure your child is protected from diseases
- Receiving the shots on schedule has shown to be a good way to prevent diseases by more than 90%

### What is the recommended schedule for vaccinations if you are covered under NC Medicaid?

- [Recommended Immunization Schedules from CDC](#)

### What is EPSDT? (Early and Period Screening, Diagnostic and Treatment)

- EPSDT provides services for all low-income children and teens under age 21. These benefits are stronger than those for adults so that we can make sure children receive care to prevent and treat any health issues as early as possible.
- [EPSDT: A Guide](#)